

# PROGRAMME OF ACTIVITIES

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
Travel to LA VEGA (Cantabria)  CHECK IN 5:00 p.m.	BREAKFAST AND ROOM ORGANIZATION								
	XPERT SPORTS  SWIMMING POOL	CANYONING	OLYMPICS ARCHERY  SWIMMING POOL	TRIP TO SUANCES	XPERT DINAMIC  SWIMMING POOL	TRIP TO SANTILLANA DEL MAR  NEOCUEVA DE ALTAMIRA	XPERT ADVENTURE	TRIP TO FUENTE DÉ	FAREWELL
	LUNCH								
WELCOME  ROOM ASSIGNMENTS	ORIENTATION GYMKHANA	ACTIVITIES ON THE BEACH AT SAN VICENTE DE LA BARQUERA	TRIP TO SANTO TORIBIO DE LIÉBANA	SURFING LESSON	AQUATIC GYMKHANA	CANOEING DOWN THE DEVA	XPERT TOURNAMENT	HIGH MOUNTAIN ROUTE	CHECK OUT 11:00 a.m.  RETURN HOME  LUNCH ON THE ROAD
SNACK									
PRESENTATION ACTIVITIES	ACTIVITIES ON THE DEVA	ACTIVITIES ON THE BEACH	HIKING TO SANTO TORIBIO	ACTIVITIES ON THE BEACH	XPERT DINAMIC	COBIJERU CAVE  LA FRANCA BEACH	SWIMMING POOL	FINAL PARTY PREPARATIONS	
SHOWER – FREE TIME									
CALL HOME		CALL HOME		CALL HOME		CALL HOME		CALL HOME	
DINNER									
WELCOME PARTY	EVENING ACTIVITY	EVENING ACTIVITY	EVENING ACTIVITY	EVENING ACTIVITY	EVENING ACTIVITY	EVENING ACTIVITY	EVENING ACTIVITY	FINAL PARTY	

\*Provisional programme of activities. This programme may be subject to change due to weather conditions or if the organisation deems it appropriate for the benefit of the group.